

Walk on the Great  
Wall of China

visit all  
7 continents

Go horseback  
riding on the beach

get a  
tattoo

Learn how  
to play guitar

Rope swing  
into water

swim with  
dolphins

SKYDIVE

float in the  
dead sea

Hang glide

see the  
northern lights

write  
a book

Ride a camel  
in the desert

find the love  
of my life

RIDE ON THE BACK OF  
A MOTORCYCLE

give a shelter pet a home

Scuba  
diving  
in Tonga

# 151 bucket list ideas

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# 151 bucket list ideas

If you need inspiration in coming up with ideas, here is a collection of 151 items to consider for your bucket list.

This list of 151 ideas is meant to aid you in your own bucket list quest. Not all of them will work for you, and you shouldn't do them for the sake of it.

Take the items that resonate with you and use them for your own list!

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**HAVE FUN CREATING THE LIFE YOU'VE ALWAYS IMAGINED!**

~ *Dana Sanders*

Founder, [CustomJournalDesigns.com](http://CustomJournalDesigns.com)

# Collection of 151 Bucket List Ideas



- 01 Go whale watching in Alaska
- 02 Swim with dolphins
- 03 Be a mentor to someone
- 04 Try zip-lining in Costa Rica
- 05 Serve Food at a Soup Kitchen
- 06 Go skydiving
- 07 Walk the Great Wall of China
- 08 Explore a new museum in your city
- 09 Be a foster parent
- 10 Learn how to start a blog
- 11 Drink only Water for a Week
- 12 Go on an African safari
- 13 Re-live your favorite day as a kid
- 14 Organize a family reunion
- 15 Attend the Cannes Film Festival
- 16 Watch an all-day movie marathon
- 17 Take flying lessons
- 18 Master a gourmet cooking technique
- 19 Forgive Someone
- 20 Step Foot in all 7 Continents

# Collection of 151 Bucket List Ideas



- 21 Write your life story
- 22 Visit the 59 national parks in the United States
- 23 See a Broadway Play
- 24 Learn to play chess
- 25 Float in the Dead Sea
- 26 Send a card to a friend for no reason
- 27 Ride on a Cable Car in San Francisco
- 28 Sing your favorite song in a karaoke bar
- 29 Ride in a hot air balloon
- 30 Host a game night
- 31 See a Drive-In Movie
- 32 Spend a day in a spa
- 33 Kiss on top the Eiffel Tower
- 34 See a Lunar Eclipse
- 35 Test drive your dream car
- 36 EdgeWalk at the CN Tower in Toronto
- 37 Help build an orphanage
- 38 See the Northern Lights (Aurora Borealis)
- 39 Be a Member of a Studio Audience
- 40 Take a Self Defense Class

# Collection of 151 Bucket List Ideas



- 41 Drive through a Redwood Tree
- 42 Take a rafting trip through the Grand Canyon
- 43 Sell something on the Internet
- 44 Buy a homeless person a meal
- 45 Learn public speaking skills
- 46 Prepare a Will
- 47 Drive the Road to Hana in Maui, Hawaii
- 48 Climb an Indoor Rock Wall
- 49 Take a Cooking Class
- 50 Spend time with an elderly person
- 51 Stop Procrastinating
- 52 Adopt an animal from a shelter
- 53 Ride One of the Largest Roller Coasters in the World
- 54 Serve at a food bank
- 55 Finally quit your job
- 56 Horseback Ride on the Beach
- 57 “Unplug” for 48 hours
- 58 Send a Care Package to a Soldier
- 59 Go on a road trip with your bestie
- 60 Fly in a Helicopter

# Collection of 151 Bucket List Ideas



- 61 Travel first class
- 62 Watch the Changing of the Guard at Buckingham Palace
- 63 Go to a World Series Game
- 64 Create a Family Tree
- 65 Start a new family tradition
- 66 Ride in a Gondola in Venice
- 67 Attend a music festival
- 68 Begin the day with one full glass of water
- 69 Buy a ticket today and fly off for an impromptu vacation
- 70 Learn a new language
- 71 Ride the Orient Express
- 72 Invest money in the stock market
- 73 Attend a Unique Small-Town Festival
- 74 Be a Game Show Contestant
- 75 Pay the Bridge Toll for the Person Behind you
- 76 Plant a garden
- 77 Eat a meal at a Michelen star-rated restaurant
- 78 Attend a Luau
- 79 Go Dogsledding
- 80 Create a Passive Income

# Collection of 151 Bucket List Ideas



- 81 Visit the Holy Land
- 82 Ride an Elephant
- 83 Attend the Olympics
- 84 Visit an Amish community
- 85 Fly in a Blimp
- 86 Go on a Caribbean Cruise
- 87 Be an Organ Donor
- 88 Live in another country
- 89 See The Pyramids In Egypt
- 90 Go Parasailing
- 91 Compliment 20 strangers in one day
- 92 Witness a Solar Eclipse
- 93 Be an Extra in a Film
- 94 Hang Glide over Rio de Janeiro
- 95 Sponsor a child
- 96 Reconnect with an Old Friend
- 97 See an Opera at the Sydney Opera House in Australia
- 98 Charter a Yacht
- 99 Scuba dive on the Great Barrier Reef
- 100 Go on a winery tour

# Collection of 151 Bucket List Ideas



- 101 Eat Breakfast in Bed
- 102 Attend Mardi Gras in New Orleans
- 103 Have No Credit Card Debt
- 104 Eat deep dish pizza in Chicago
- 105 Go deep sea fishing
- 106 Complete a 1000-Piece Jigsaw Puzzle
- 107 Write a Letter to your Future Self
- 108 Eat more fruits and vegetables
- 109 Attend the Alburquerque Balloon Festival
- 110 Go to the SuperBowl
- 111 Do 30 minutes of exercise a day for 30 days
- 112 Drive a Race Car
- 113 Study Abroad
- 114 Fly a kite
- 115 Research your Geneaology
- 116 Throw a Surprise Party
- 117 Go to a shooting range
- 118 See an active volcano
- 119 Write And Publish A Book
- 120 Sleep under the stars

# Collection of 151 Bucket List Ideas



- 121 Get a complete makeover
- 122 Be a Tourist in your own Town
- 123 Eat a fish you caught yourself
- 124 Stand in Times Square in New York
- 125 Ask an elderly person to tell you a story
- 126 Write a hand written letter to someone
- 127 Name a star
- 128 Tour the White House
- 129 Drive in a convertible with the top down
- 130 Have a campfire on the beach
- 131 Go to an oxygen bar
- 132 Swing from a rope into a lake
- 133 See a Cirque de Soleil Show
- 134 Donate Blood
- 135 Serve on a Missions Trip
- 136 See the Statue of Liberty
- 137 Watch an NBA Game Live
- 138 Ride a Segway
- 139 Swim in a hot spring
- 140 Ice Skate in Rockefeller Plaza

# Collection of 151 Bucket List Ideas



- 141 Give a heartfelt surprise to someone
- 142 Make a scrapbook full of memories
- 143 Catch a Last Minute Flight to a Random Destination
- 144 Read at least one book a month
- 145 Read the Bible
- 146 Make Exercise a regular habit
- 147 Tell someone you love them
- 148 Attend the Inauguration of a President
- 149 Learn something new every day
- 150 Do something that completely terrifies you
- 151 Tell at least 10 people about your bucket list and encourage them to join you!





My Bucket List Journal is a product of *Custom Journal Designs*, a line of fun and unique stationery-based products created by mompreneur, Dana Sanders.

To see our full line of products, visit **CustomJournalDesigns.com**



*Dana Sanders* is a mompreneur who began with a dream of building an online business from home doing something she loves and inspiring others to do the same. She resides in the Baltimore Washington DC area with her husband and two amazing kids.



At Custom Journal Designs we create unique and beautiful personalized custom journals, notebooks, planners & gifts that are both practical to use and fun to have.

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